

## Unit 13 - Key Takeaways on how to mitigate unconscious bias

1	Unconscious bias refers to automatic and unintentional judgments or stereotypes that affect decisions and behaviour.
Bias toward hearing-impaired individuals can affect social interactions, employment and healthcare, leading to assumptions like an inability to understand or over-relying on family members.	2
3	Unconscious bias can result in ineffective communication, reduced patient trust and health disparities like misdiagnosis or poor treatment adherence.
Strategies to mitigate bias: Promote self-awareness, engage in disability awareness training and adopt effective communication methods like using interpreters and visual aids.	4